

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>OMBUDSMAN OFFICE: 1-877-582-6995 NJ DEPT OF HEALTH & SENIOR SERVICES: 1-609-292-2897</p>	<p>1</p> <p>10:00 Move & Groove 10:45 Noodle Ball 11:15 Jam Session</p> <p>2:00 Snack Chats 4:00 Independent Leisure choices</p>	<p>2</p> <p>10:00 Twist & Shout 10:45 Pitch N Swing 11:15 Dr. Success Birthday!</p> <p>2:00 Cat & Hat Cookie Treat cart 4:00 OBIE Blast Read Across America</p>	<p>3</p> <p>10:00 Sittercise 10:45 Party Line 11:15 Alexander Graham Bell Birthday!</p> <p>2:00 Chit Chat Snacks 4:00 Room visits</p>	<p>4</p> <p>10:00 Daily Exercise 10:45 Soccer Kicks 11:15 Jeopardy</p> <p>2:00 Snack Attack 4:00 Soothing Tunes <u>Pet Therapy</u></p>	<p>5</p> <p>10:00 Shake Em Up 10:45 Bowlarma 11:15 What's in the bag</p> <p>2:00 Cheez Doodle traveling cart 4:00 Pencils & paper, let's doodle</p>	 <p>6</p>
<p>Tune into Mass on TV 7</p> 	<p>8</p> <p>10:00Swanky Workout 10:45 Ladderball 11:15 Women's History Facts</p> <p>2:00 Tea & Java Cart 4:00 Social Visits</p>	<p>9</p> <p>10:00 Stretch it Out 10:45 Skeeball 11:15 Wheel of Fortune</p> <p>2:00 Busy Bee Cart 4:00 Independent dittos</p>	<p>10</p> <p>10:00 Forever Fit 10:45 Horseshoes 11:15 Betting Horses</p> <p>2:00 March Cupcake Traveling Cart 4:00 Jokn Around</p>	<p>11</p> <p>10:00 Dicercise 10:45 Disc Kicks 11:15 Apple Painting</p> <p>2:00 Apple Nachos 4:00 Johnny Applesed Day Trivia <u>Doggy Visit</u></p>	<p>12</p> <p>10:00 Lively Workout 10:45 Volleyball 11:15 Timely Trivia</p> <p>2:00 Friyay Treats 4:00 Room visits</p> <p>Plant a Flower Day</p>	 <p>13</p>
<p>Tune into Mass on TV 14</p>  <p>Daylight Saving Time Begins</p>	<p>15</p> <p>10:00 Chair Yoga 10:45 Group Choice 11:15 Tic Tac Toe</p> <p>2:00 Brainac Snack 4:00 OBIE Movin</p> <p>Brain Awareness Week</p>	<p>16</p> <p>10:00 Boogie Boost 10:45 Lolley Volley 11:15 Word Scramble</p> <p>2:00 Coffee, Coffee anyone! 4:00 Room Rounds</p>	<p><u>Resident Council</u> 17</p> <p>10:00 Irish Gig 10:45 Lucky Charms 11:15 Roll a Rainbow</p> <p>2:00 Luck of the Irish 4:00 Bag Pipe Tunes Wear Green St. Patrick's Day</p>	<p>18</p> <p>10:00 Fitness Blast 10:45 Baking Demo 11:15 Memory Lane</p> <p>2:00 Chippy Cart 4:00 Crafty Cart <u>Athena Visit</u> Potato Chip Month</p>	<p>19</p> <p>10:00 Armchaircises 10:45 Garden thangs 11:15 Sing Along</p> <p>2:00 Rollin Cart with Sweets 4:00 Men social group</p>	 <p>20</p> <p>Spring Begins</p>
<p>Tune into Mass on TV 21</p> 	<p>22</p> <p>10:00 Fab & Fit 10:45 Shooting hoops 11:15 Brainacs meet</p> <p>2:00 Getcha Snacks 4:00 Mythology Monday</p>	<p>23</p> <p>10:00 Senior Hustle 10:45 Putting Practice 11:15 Puppy Love</p> <p>2:00 Purrfect sweets 4:00 OBIE Purr-fect Day for animal lovers</p>	<p>24</p> <p>10:00 Chair Salsa 10:45 Hoop Darts 11:15 Scrabble</p> <p>2:00 Swanky Treats 4:00 Room Rounds</p>	<p>25</p> <p>10:00 Dancercise 10:45 Target Nets 11:15 Mind Joggers <u>Pet Therapy</u></p> <p>2:00 Snip & Snack 4:00 Coffee & History Women's Empowerment Day</p>	<p>26</p> <p>10:00 Swanky Fit 10:45 Football Bash 11:15 Fact or Fiction 2:00 Sunny Daze 4:00 Ditto passouts</p> <p>Raise Awareness for Epilepsy by wearing Purple today</p>	 <p>27</p> <p>Passover Begins</p>
<p>Tune into Mass on TV 28</p>  <p>Palm Sunday</p>	<p>29</p> <p>10:00 Chair Aerobics 10:45 Bullseye Blitz 11:15 Hang the Word</p> <p>2:00 1:1 Choice 4:00 Bloopers Laughathon</p>	<p>30</p> <p>10:00 Music Workout 10:45 Parachute 11:15 Crafty Corner</p> <p>2:00 Tech Savy Lesson 4:00 Room Rounds In honor of Spring wear your favorite Sun Hat</p>	<p>31</p> <p>10:00 Tap your Feet 10:45 Noodle Hockey 11:15 Make your own crayons</p> <p>2:00 Colorful Snacks 4:00 Blissful fun Obie Crayola Crayon Day</p>	 <p>March 2021</p> <p>Please maintain 6ft apart, social distance, always wear a mask in programs. Activity room occupancy is limited. Activities offer independent leisure materials, please inform a staff member of any wanted materials.</p>		

ACTIVITIES ARE SUBJECT TO CHANGE